

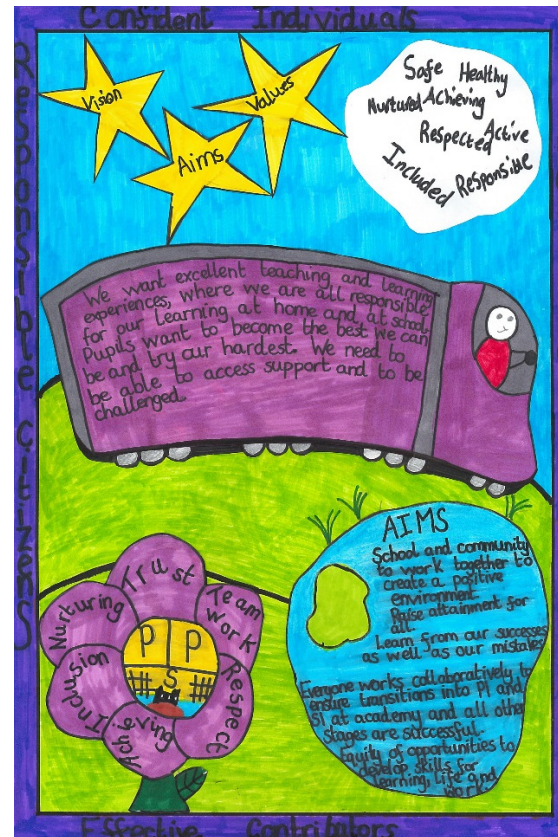
Rainbow Room



Our Nurture Group at Portlethen School



Vision, Values and Aims



Portlethen Primary School

Cookston Road

Portlethen

AB12 4PT

"The Rainbow Room was great for me because it helped me to control myself in situations and to concentrate in class."

P7 Child

"He has come on so much since being in the Rainbow Room. He is happy to come to school, his confidence is much better."

Parent

"He always talks about what he is doing, thank you so much for all your help you are doing with him."

Parent

"The Rainbow Room is a happy place. We baked and played games."

P4 Child

Catch our activity updates on
TWITTER @Portyschool
Facebook: Portlethen Primary
School



What is a Nurture Group?

Our Nurture group is a small class of pupils (6-8) run by a teacher (Mrs Turner) and PSA (Mrs Esson.) Our purpose is to offer children opportunities to re-visit early learning skills and promote and support their social and emotional development. There is a great deal of educational research to support the idea that children's learning is optimised when they have a sense of emotional wellbeing and good self-esteem. Children are more equipped to return to their main classrooms and feel more empowered to take on their learning with the skills that they have been developing.

6 Principles of Nurture

- Children's learning is understood developmentally
- The classroom offers a safe base
- The importance of Nurture for the development of wellbeing
- Language is a vital means of communication
- All behaviour is communication
- The importance of transition in children's lives

How does it work?

Our Nurture group currently runs for four mornings a week, with the children returning to their own classes in the afternoon. It is a homely setting where adults and children work closely together with clear routines and boundaries. It is a place where mistakes and accidents are discussed sensitively and where children gain confidence. They are able to learn about themselves and their world at a pace and in a manner that suits them. The children explore a topic and learn key skills throughout a term as they would do in the classroom. Children would normally attend the Nurture room in the mornings up to lunch time and this can continue for 2 – 4 terms, before they return back into class.

Which children attend the Nurture room?

Not every child needs to attend a Nurture group, however **most** children need additional support at some stage during their education. Your child's class teacher will notify the nurture team if they feel a child in their class may need some additional support with social/emotional skills or attention and concentration skills.

Some examples of why children may attend our Nurture group are listed below:

- Friendship difficulties - keeping/making friends
- Quiet, shy, withdrawn
- Finding it hard to listen to others or join in
- Disruptive towards others
- Social skills are a challenge
- Finding the classroom environment difficult
- Low self-esteem / lacking confidence
- Bereavement
- Family illness or break-up