

YOGA!

Portlethen Primary P1-7

Wednesdays 3.20pm – 4.00pm



Online sign up is now available!

Please see overleaf for details and then visit our website to book your place!

<http://www.aberdeenshire.gov.uk/leisure-sport-and-culture/active-schools/in-your-area/kincardine-and-mearns/portlethen-primary-network/>

You can now follow all the latest Active Schools news, programmes, clubs, events and competitions by giving us a Like on Facebook – @ActiveSchoolsAberdeenshireSouth

For more info on Active Schools programmes please contact –
Graeme McCall, Active Schools Coordinator (Portlethen Network)
07917 267 222 or **Graeme.mccall@aberdeenshire.gov.uk**

Activities open to pupils from Portlethen Primary

Activity	Venue	Day	Time	Cost	Start/Finish
Yoga P1 - P7	School Hall	Wednesday	3.20pm – 4.00pm	£10.00	7 th Sept – 5 th Oct

****Yoga****

Active Schools are delighted to announce that afterschool Yoga will be restarting in Portlethen this term!

Sandra Cook will again be leading sessions that are open to P1-7 pupils who want to come along and relax after a hard day at school!

The sessions cost £10.00 for the 5 week block (7th, 14th & 21st, 28th Sept & 5th October) – or FREE if you have an Active Aberdeenshire family membership!

PLEASE DO NOT SEND PAYMENT UNTIL YOU HAVE RECEIVED CONFIRMATION OF YOUR SPACE

The sessions will take place in the school hall, with pupils being picked up or walking home from school at 4pm.

Please ensure that you wear comfortable sports clothing and indoor gym shoes – and remember to bring water or a non-fizzy drink too!

CLOSING DATE FOR APPLICATIONS – Friday 2nd September

@ActiveSchoolsAberdeenshireSouth